

Eastminster Messenger

Heads, Hearts & Hands for Christ in Service & Celebration

Volume 40 Issue 17



Lincoln and Twain - masterful with words, frequently misquoted, and also very alike in one of their approaches to handling their emotions in trying times.

"Hot letter" - that's what Lincoln called the practice. As anger within was beginning to reach a boiling point, both Abe and Twain would put pen to paper and pour out their emotions. In the case of Lincoln, historian Doris Kearns Goodwin says, that after writing the "hot letter", Lincoln would then "put it aside until his emotions cooled down,... and then write: 'Never sent. Never signed.' "

Emotional intelligence (EI), that modern term, for recognizing, understanding, and engaging one's own emotions and the emotions of others constructively is an attribute sorely needed in life, and most certainly today.

The frustrated teacher, the overburdened single parent, the weary caregiver,

the anxious student, no matter our life's situation, all of us feel the need for emotional well-being especially in a society where needs are so great and patience so very thin.

Hopefully we all have people in our lives who show us how to navigate emotions with growing grace, humility, and confidence.

There is none greater than Jesus to shape our understanding for navigating such challenges as we deepen in his Word and Spirit, growing in humility, compassion, self-control, and healthy relationships.

I give thanks for the many ways you build up folks for abundant life in Christ, extending grace, listening deeply, speaking the truth in love, and moving forward with compassion. May Jesus and His way of life grace the emotionally challenging relationships and situations you face. May His Spirit shape us all to be disciples where an angry and frightened world finds a still more excellent way.

With deep love and continued thanks! Grace and courage, Ryan



Please pray for the following individuals: Jane Williams, Walt Lowe, Ann Meyers, Dave & Barbara Moran, Betty Sue Foster, Tatum Turpin, Sandra Hess, Linda Coleman, Chris, Lisa Russell, Melissa McGuire, Maria Keller, Ken Holder, Sharon Glover, and Marilyn Ellsperman.

If you have a prayer request or wish to be removed from the list, please contact Leslie Webb at epcprayers@gmail.com or call the church office.



To submit your favorite classic movie(s) or one you would love to see, as well as any games that you might want to play for game night, please see Donna Cooke.

Our first Movie Night will be held on Friday, June 7, at 6:00 PM. The movie will be "The Philadelphia Story."



We are planning a trip to the City Museum in St. Louis on

Saturday, June 29.

We will be taking the bus.

Tickets are \$14.50 for the group rate.

To sign up or to get more information, contact the church office.

May 20, 2024

Mission Trip July 14 - 19

Still time to sign up for a wonderful mission trip to Camp Burnamwood in Eastern Kentucky! Truly a trip where youth and adults of all abilities can share in the good work God is doing through the communities there. There will be a great need for cleaning, TLC of the camp grounds, cooking help, and home repair in the community. There is good work that you can do with and for God there!

We will be staying in beloved lodges tucked in the forest. Beautiful setting to fellowship, grow in God's word, play, pray, and serve together.

Registration forms are available in the narthex and the office. Please be sure to complete forms and turn in \$100 deposit to confirm your spot by May 20th .

For those not going on the trip, but desiring to support the effort, your prayers are greatly appreciated! We will also have a supply drive for the trip and mission there. More info on that soon.

Thank you so much for your support and prayers!



The annual EPW courtyard picnic will be on Wednesday, June 5, at noon.

Meat will be provided, and attendees are asked to bring covered dishes to share.

All women of the church are invited!



The Church Office will be Closed on Monday, May 27, in observance of Memorial Day.



There will be no newsletter that week.



It's Almost Time For Camp!

Camp Gemini starts Sunday, June 2 thru Wednesday, June 5.

Our campers would like to thank all of you who have purchased bread, treats and/or both these past two Sundays. **However, we are still in need of donations to help offset the cost of camp our 22 campers.**

Please consider giving to this worthwhile event in the life of Eastminster's children.

Any donation will be accepted and appreciated!

GOOD NEWS UPDATE

Nominees lifted for Capital Campaign Team.



The new roof and the life shared in this place of ministry are true blessings. Incredibly generous gifts of God given through those who have gone before us have wonderfully helped provide for

that new roof. Now we have the opportunity to continue onward in that generous spirit in so many ways.

Please continue to be in prayer for the forthcoming capital campaign which will help build up resources for future building needs and ministry in Christ.

We are excited to share that nominees have been lifted up and are being contacted about serving on the team. We look forward to a brief congregational meeting in the coming weeks to receive nominees for vote and to prayerfully launch this wonderful project.

More soon!



June 2024

Anniversaries

6/7 Randy & Melissa Mattingly 6/14 Brian & Beth Bailey 6/17 Ron & Patsy Sproatt 6/25 Chris & Jenny Kuhs 6/29 Norm & Mary Fulkerson



Birthdays 6/2 Elizabeth Kuhs 6/5 Brenda Miller 6/9 Karla Harper 6/10 Joan Post 6/15 Jim Palmer 6/21 Richard Yeager

6/23 Suzette Fritz Sue Kuhs6/25 Corinne Smith



Sunday Schedule 9:00 Sunday School 10:00 -10:30 Fellowship 10:30 Worship 6:30 PM Youth Group

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4 9 AM Quilters	5 Noon - EPW	6	7	1 8
	САМ	7 PM Movie Night P PYOCA	Picnic			
9	10	11 9 AM Quilters 6:15 Ladies' Night Out	12 6 PM Assembly Night	13	14 11 AM Starfish Mtg.	15
16	17	18 9 AM Quilters	19	20	21	22
23	24	25 9 AM Quilters Noon—Book Club	26 6 PM Session	27	28	29 Trip to St. Louis Museum
30						

EASTMINSTER PRESBYTERIAN CHURCH 5501 Washington Avenue Evansville, IN 47715



Eastminster Staff

Ryan Bradney - Pastor Mike Cantrell - Handyman Donna Cooke - Parish Nurse Mary Fulkerson - Office Manager Trey Fulkerson - Youth/Pastoral Assist. Alanna Keenan - Director of Music Addison Kuhs - Nursery Worker Marian LaChance - Housekeeper Ryan Luttrull - Organist

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