



Eastminster Messenger

Heads, Hearts & Hands for Christ in Service & Celebration

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FROM THE PASTOR

John C. Maxwell has said, "Change is inevitable. Growth is optional."

The holy season of Lent, the attentive journey of following Jesus through the events of his rejection, his teaching, his death on a cross, and ultimately to his and all of our resurrections marks a wonderful opportunity to more intentionally center our lives on Christ, and the message of the kingdom of God continuing to break forth in this rapidly changing world.

I truly give thanks for the many ways you are growing in your active relationship with Christ, sharing in worship wholeheartedly, and your sincere love reaching further into the community.

"When we grow, in contrast to merely change, we venture into new territory and include more people in our in our lives – serve more and love more. Our culture is filled with change; it's poor in growth. New things, models, developments, opportunities are announced, breathlessly, every hour. But instead of becoming ingredients in a long and wise growth, they simply replace. The previous is discarded and the immediate stuck in – until, bored by the novelty, we run after the next fad. God's way is growth...David at thirty-seven was more than he was at seventeen – more praise, saner counsel, deeper love. More himself. More his God-given and God-glorifying humanity. A longer stride, a larger embrace." -- Eugene Peterson

I love that message from Eugene Peterson, "when we grow, in contrast to merely change, we venture into new territory and include more people in our lives-serving more and loving more." Real growth, in loving God and neighbor with a sincere heart, a heart transformed by the good news of Jesus.

Whether the Spirit leads you to take up practices of faith more intentionally this Lent or to fast from certain things, may this season be blessed to be one of glorious growth in active relationship with God for you, for Eastminster, and for all the Body across the world.

Let us worship God!

Grace and courage, Ryan

Please pray for the following individuals:

Jane Williams, Walt Lowe, Ann Meyers, Dave & Barbara Moran, Betty Sue Foster, Tatum Turpin, Sandra Hess, Linda Coleman, Chris, Cheri Kieffner, Lisa Russell,

Carolyn Stitt, Melissa McGuire, Maria Keller, Ken Holder, Sharon Glover, and Tim Turpin.

If you have a prayer request or wish to be removed from the list, please contact Leslie Webb at epcprayers@gmail.com or call the church office.



Conversations on Faith & Membership

Newly visiting Eastminster or interested in learning more about faith and membership with the church?

We're excited to share upcoming conversations on the following Sundays - March 3, 10, and 17 at 9am in the Parlor. The Parlor is just around the corner from Fellowship Hall.

This 3 week Sunday School class invites a wonderful exploration of life in Christ, Eastminster Church, and our faith journeys.

Looking forward to sharing together with you!





**What can Starfish use right now?
Glad you asked!**



Cereal :

Corn flakes, Cheerios, Wheaties

Soups:

Tomato, bean, vegetable, chili

Canned fruits:

Pears, peaches, pineapple, applesauce

Dried fruits:

Dates, prunes, raisins, cranberries, apricots

Dairy:

Shelf stable milk, dried cheeses, Velveeta, Cheez-whiz

Drinks:

Coffee, tea, cocoa, fruit juices

Canned vegetables :

Potatoes, peas, carrots, lima beans, tomatoes, mushrooms,
olives, lima beans (no corn or green beans, please)

Staples:

Spaghetti/pasta sauce, sugar, vegetable oil, dried eggs

THANK YOU!



EASTMINSTER PRESBYTERIAN CHURCH
5501 Washington Avenue
Evansville, IN 47715



Eastminster Staff

Ryan Bradney - Pastor
Mike Cantrell - Handyman
Donna Cooke - Parish Nurse
Mary Fulkerson - Office Manager
Trey Fulkerson - Youth/Pastoral Assist.
Alanna Keenan - Director of Music
Marian LaChance - Housekeeper
Ryan Luttrull - Organist

Church Communication Lines

Phone#: 476-3355/Fax: 476-8755
Web: eastminsterchurch.com
Email: epc5501@gmail.com
Sound Engineer: Ron Harper
Videographer: Jack Garcia
Social Media Admin: Tony McClees
tmcclees@illinois.edu

Prayer Chain Captain: Leslie Webb or at
epcprayers@gmail.com